



January 5<sup>th</sup> 2010

Dear Provincial Delegate:

I am pleased to forward the enclosed application package for the upcoming “**2010 Karate Canada National Championships**” to be hosted by Karate Ontario.

**Venue & Accommodations:**

Please visit the “**2010 Karate Canada National Championships**” website at <http://www.nationals2010.ca> for information on venue, accommodations, and other Championship information

**Dates:** March 19-21<sup>st</sup> 2010

**Weigh In**

Weigh in for competitors will take place March 18, 2010. Specific times will be communicated upon team arrival.

**Improvements for 2010:**

- Team kata for cadets and juniors have been consolidated into one age division, the team kata for 14-17 years old.
- Masters Kumite is no longer a division at this Event.
- Entry fees are: \$60/individual entry; \$100/team entry (*ie: team kata or team kumite*)
- Junior kata competitors may enter more than one kata division (*ie: the U21 or senior kata divisions*) – if their date of birth allows for their qualification in those respective divisions at the next international event of the year (Pan American Championship August 20-22<sup>nd</sup> 2010 or World Championship October 27-31<sup>st</sup> 2010).

**Application Forms**

Please enter the names of your competitors in the appropriate event category on the attached spreadsheet. If the 2009 Champion is from your province and is still eligible & competing in the same division, please enter their name in the appropriate space.



It is prohibited for an athlete to compete in a division if his age exceeds that category's age limit as of March 19<sup>th</sup> 2010. (*Example: a competitor cannot compete in the cadet division if he is 16 by March 19<sup>th</sup> 2010*).

Cadet & Junior competitors can compete in an age category older than their actual age, if they will be of that age division at the date of the latest international event of the year (Pan American Championship August 20-22<sup>nd</sup> 2010 or World Championship October 27-31<sup>st</sup> 2010).

### **Waivers & Medical Forms**

Please photocopy the enclosed Waiver & Medical Form and distribute to your team members. Each competitor must submit a completed & signed Waiver & Medical Form to be eligible.

### **Deadlines**

Registrations are to be received electronically by February 5, 2010. Paper copies of Waivers & Medical forms should be mailed or couriered, and must be postmarked no later than February 2, 2010.

A province or a territory failing to meet the deadline will be fined \$250; and for each registration form, waiver or medical form that is incomplete, incorrect or not received by the deadline will be fined \$20. Also, please note that all registration fees and fines assessed to a province or territory must be received prior to the event or the athletes of that province or territory may be denied the opportunity to compete either in part or in whole.

Please email registration at [stanley\\_janusas@rogers.com](mailto:stanley_janusas@rogers.com)

Please mail or courier Waivers & Medical forms to:

**Stanley G. Janusas**  
**198 Rushton Road**  
**Toronto, Ontario, M6G 3J3**

If you have any questions regarding registration for the “**2010 Karate Canada National Championships**”, do not hesitate to contact me by phone at 416-656-6653 or e-mail at [stanley\\_janusas@rogers.com](mailto:stanley_janusas@rogers.com)

Yours truly,

Stanley G. Janusas  
Tournament Director